

# Admin Anecdotes

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## CALENDAR OF EVENTS

19<sup>th</sup> March  
Free Dress Day

25<sup>th</sup> March  
Disco

31<sup>st</sup> March  
P & C AGM

**Junior Cross  
Country (P-3)**

## ABSENCE LINE

**38974360**

Please phone and leave a message if your child is going to be absent from school

Dear Parents,

### YEAR 6 ON CAMP:

Ninety-three Year 6 students are attending Camp Currimundi for three days this week. Every year I am amazed at the transformation that occurs once a year level has gone to camp. Students and staff see each other in an entirely different light, and those whose character doesn't necessarily glow in a school environment of seven hours a day duration, can become blinding and vice versa. I'm confident they will return tired but happy, and with a whole new appreciation of mum's cooking.

### PRINCIPALS' CONFERENCE:

Thank-you to those who enquired as to my state of health following the now infamous Principals' Conference – I trust you wished I was well. Fortunately I chose to walk during the breaks and ate elsewhere.

For those who may have seen the photo of 'a function held at the Convention Centre' next to the article about food poisoning at the conference featured in the paper, the photo certainly wasn't of the Principals' Conference – we sat in lecture chairs in lecture theatres (not a table in sight for the two days).

Our new Education Minister Kate Jones, spoke with great passion of her commitment to the education of our children as a parent of young children and our minister.

A number of noted national and international speakers spoke on educational trends and initiatives around the world. One speaker who particular impressed me was Dr Adam Fraser, an Australian psychologist who works with elite athletes, Special Forces soldiers and CEO's of billion-dollar companies. He told how the basics of life as identified by teenagers and young adults are now Air, Food, Water, Shelter and Internet Access. Times are a-changing!

A few of the things he spoke of were:

We have been so busy protecting children from struggle, that we've perverted their relationship with struggle.

Pleasure is not happiness. Happiness is about challenge, the very hard things and overcoming them. Happiness drops if it's too easy. We need to encourage people to stretch themselves and persevere. Struggle does not equal failure. Struggle = development, gaining skills and applying oneself more and getting what you wish to achieve.

His book 'THE THIRD SPACE – Using life's little transitions to find balance and happiness' may be worth a read.

### CAPTAINS' FREE DRESS DAY:

I've given our 12 Captains (School, Arts and Sports Captains) the challenge of making this year memorable for all students. They have decided that their first venture is to arrange a Free Dress Day on Wednesday the 18<sup>th</sup> of March – they are doing the promotion, judging, money collection and all aspects of the day by themselves, and I must say I am impressed with their organization and dedication. See below for their details of the event.

### DRESS UP DAY

This year the captains of our school will be holding lots of fun challenges for our students to help make this school a better place. Our first challenge will be a comic or fairytale character dress up day. Two captains will be judging each grade. We are looking for the most original and most look- alike costumes in your class. Please come dressed up with a gold coin donation on Thursday 19<sup>th</sup> of March. The winners will be presented with a certificate from our favourite koala Hercules at the next parade! Will u be the most original or the best look- alike?

### **ANZAC DAY**

As you are probably well aware, the 25<sup>th</sup> April this year marks the 100<sup>th</sup> anniversary of Anzac Day. As such, we would like to celebrate this very special occasion in a personal way here at Hercules Road. We are inviting families to share souvenirs or photographs of family members who have served as part of the armed services, which would then form part of the back drop to our service. If you have suitable items to share, please drop them into our office, where we will take good care of your precious items.

In addition, we are inviting students to submit short (400 words or less), commemorative pieces of writing (poem, recount, narrative), one of which will be chosen to be included in our ANZAC day service. If you are interested, please submit your piece of writing to Mrs Matthews, by Wednesday, 25<sup>th</sup> March.

### **DISCO**

A disco will be held on Wednesday 25<sup>th</sup> March. Prep to Year 3 - 5.30pm – 6.15pm, Year 4 to Year 6 6.30pm – 7.15pm. Entry is \$2. Students are to be picked up from the hall. Hot food, snacks and drinks will be available for purchase or pre-order your hot food before the night and collect from the canteen. Order forms will be sent home and need to be returned by Monday 23<sup>rd</sup> March. Glow products will also be on sale on the night.

### **FOLLOW-UP TO OUR 'GETTING TO SCHOOL ON TIME WITH MINIMAL STRESS' TIPS**

Thank you to the families who fed in their comments to the topic above in the last two school newsletters. We hope that you found these items of some use to you in ensuring you and your child get the best possible start to the day. If you would like to discuss this or any other issues relating to establishing routines or other areas of concern for your family please contact the office or ask to speak to the Guidance Officer also via the office.

### **MOSQUITOES**

As there are quite a few mosquitoes around at the moment, could you please spray children before they come to school.

### **GUIDANCE NEWS**

Welcome to the start of the school year. This is a refreshing and positive time for most children and their families. However, even this positive change can bring up the memories of other changes that families have been through. This may include shifting house, state or country as well as other more significant losses such as family separation or death of a loved one such as a close relative or even a pet. The emotional experiences that children exhibit at these times can come out at times of change and will often be shown in their behaviours. If you have noticed such experiences with your children, please contact me at the school and a time can be organized to assist you and your children in dealing with any difficulties that you have noticed.

Ross Adams. Guidance Officer at Hercules Road SS. Tuesday, Thursday and Friday.

### **CREATIVE GENERATION**

Thanks to all those who have given me their parental permission forms to join this year's Creative Generation group. We're waiting for an official invitation to join this year's show, and as soon as that happens, entry forms will be given out.

Thanks, Jenny Cousens

### **FREE DENTAL TREATMENT AVAILABLE FOR HERCULES ROAD STATE SCHOOL STUDENTS AT KIPPA-RING SCHOOL DENTAL CLINIC**

The Dental Van will not be returning to your school at this time. We can, however, offer you dental treatment at the:-

**Kippa-Ring School Dental Clinic  
Elizabeth Avenue  
KIPPA-RING QLD 4020**

To book your checkup appointments for all the children in your family, please contact us by ringing the:-

**Oral Health Call Centre on 1300 300 850**

If one of your children has a toothache, you can also ring this number to make an appointment.

**Please note that a parent or the legal guardian will need to be present at the appointment for the necessary paperwork to be completed. Also, it is essential that you bring your current Medicare Card with you.**

Look forward to seeing you soon!



### **BEGINNERS MULTI-INSTRUMENTAL MUSIC WORKSHOP – THURSDAY 19<sup>th</sup> MARCH**

All the beginner students in the concert band will be taking part in the Beginners Multi-Instrumental Music Workshop on Thursday 19<sup>th</sup> March in the hall from 8.30am to 2.30pm. Students will receive a letter detailing the information from Mr. Wemyss this week.

### **EASTER HAT PARADE PREP TO YEAR 1**

The Easter Hat Parade for Prep to Year 1 will take place in the hall on Thursday 2<sup>nd</sup> April from 1.30pm to 2.30pm. Family and friends are invited to attend.

**HERCULES ROAD STATE SCHOOL**

**HOURS**

OFFICE CASH COLLECTION: 8:00 TO 9:00AM  
 TUCKSHOP: Monday, Tuesday, Wednesday, Thursday, Friday  
 8:00AM TO 2:15PM  
 UNIFORM SHOP: Monday (Term 1 and 4 only) 8.00AM TO 9.00AM  
 Wednesday 8:00AM TO 9:00AM  
 and Friday 2:00PM TO 2:45PM

**P & C EXECUTIVES**

President: Laraine Law  
 Vice President: Kellie Judd  
 Secretary: Leah Bennett  
 Treasurer: Sandra Sparrow  
 Assist Treasurer: Vicki MacKenzie

<b>P &amp; C News</b>	<b>Our next P &amp; C meeting will be held on Tuesday 31<sup>st</sup> March at 2.45pm in the library. This will be an AGM and a general meeting. All positions will be vacant.</b>
<b>Tuckshop News</b>	<p>Special – Quench drinks \$1.20 Lemonade or Lemon\Lime Flavours.</p> <p>Roster – Wed 11/3 Chrissy &amp; Loreen - Wed 18/3 Chrissy &amp; Loreen              - Thurs 12/3 Rachel &amp; Tammy - Thurs 19/3 Rachel &amp; Tammy              - Fri 13/3 Angela &amp; Jackie - Fri 20/3 Angela &amp; Jackie              - Mon 16/3 Angela - Mon 23/3 Angela              - Tue 17/3 Kim - Tue 24/3 Kim</p> <p>We are holding meetings on 11<sup>th</sup> March &amp; 18<sup>th</sup> March at 2pm in the tuckshop to discuss the new menu. Please come along and share your ideas.</p> <p>Parents are invited to place suggestions for new menu items in the suggestion box at the tuckshop.</p>
<b>Commonwealth Banking</b>	<b>Banking every Wednesday. Please hand bankbooks in to the office before school.</b>

**SPORTS NEWS**

**JUNIOR CROSS COUNTRY**

Cross Country for Prep to Year 3 will be held on Tuesday 31<sup>st</sup> March.

**REGIONAL SWIMMING**

Congratulations to Tinishya Willis Eleftheriou who competed in the District Swim Team at the Regional trials. Well done Tinishya!

**HERC AWARD WINNERS 6<sup>th</sup> MARCH**

- Honesty** Kathrin Macak (3C)
- Effort** Harrison Kimler (2T)
- Respect** Allyrah Cooney (1L)
- Cooperation** Lilyana Tautasi (1L)
- Safety** Yasmyrn Campbell-Noakes (1L)



**UNIFORM SHOP NEWS**

When bringing uniforms in to sell as “second hand”, please make sure they are saleable. We cannot sell items that are cut, torn, ripped or stained. If you would not send your child to school in these clothes please do not bring them in to sell.

**SPECIALS:** (While stocks last)  
 White long sleeved music shirt size 10 (second hand) - \$10.00  
 Black music trousers size 14 (second hand) - \$5.00

**NEW**  
 Micro fibre emblem shorts only sizes 2 to 6 - \$10.00  
 Micro fibre emblem shorts only sizes XS(16) to M(20) - \$7.00  
 Dresses (older style fabric) only size 4 - \$38.00  
 Skorts only size 16 - \$5.00  
 Checked shirts only size 18 - \$5.00

**FOCUS**  
TENNIS ACADEMY

**Easter  
 School Holiday Tennis Clinic  
 Tuesday 7th – Thursday 9th April  
 (8:00am – 12:00pm)**

3 HALF-DAYS OF FUN AND ACTIVITIES  
 There is a Centrelink Rebate available to eligible families.

**COST: \$125 FOR A 3-HALF-DAY CLINIC**  
**DISCOUNT: 5% (2) CHILDREN |**  
**10% (3) CHILDREN**  
 (07) 3284 2349  
 info@focustennisacademy.com.au  
 www.focustennisacademy.com.au

*Where people make the Difference*